

# Evidence-Based Thinking from Arrest to Sentence

Access to Justice Lab Harvard Law School May 22, 2019



#### Many Different Types of Evidence

- Qualitative versus quantitative
- Within quantitative: Causation/intervention versus descriptive
- Within causation/intervention:
  - Observational versus randomized
  - Lab versus online versus field



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- Quantitative: Causation/intervention versus descriptive
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Access to Justice Lab: Randomized field experiments, aka randomized control trials, or "RCTs"



#### What Does "Evidence-Based" Mean? <sup>a</sup>

- Two contrasting visions of "instrumental epistemology" What counts as evidence of factual truth, or of how we get from here to there?
- View 1: Reify professional judgment
  - What I see day to day
  - What elites tell me is true



#### What Does "Evidence-Based" Mean? <sup>a</sup>

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What counts as evidence of factual truth, or of how we get from here to there?

- View 1: Reify professional judgment
  - What I see day to day
  - What elites tell me is true
- View 2: Include a role for empirical techniques
  - Social science techniques generally
  - Randomized control trial ("RCT")



#### What's the Big Deal About RCTs?

#### Question 1: What is an RCT?

# Question 2: Why is its use important for a field to be evidence-based?

#### What Is an RCT?

a p

How do we decide who gets what?



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a p

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#### What Is an RCT?

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How do we decide who gets what?



# Why RCTs?



- Gold standard in causation, evaluation of policies, practices, procedures, generally "interventions"
- Advantages
  - Eliminates confounding
  - Demands sharp definition of intervention, alternative
- Less good at
  - Systemic change
  - Highly fragile/non-transferrable interventions



#### **Experience from Other Professions**

Do we lawyers and judges really need RCTs?

#### Everyone else did.

- Medicine: Hormone replacement therapy
- Criminology: Scared straight
- Public health: Robot babies
- Fitness: Fitbits
- Psychology: Counseling, DV perpetrators

*I have more examples if you want them . . . Many success stories!* 



#### **Experience from Other Professions**





Criminology: Scared straight to reduce teen recidivism





Public health: Robot babies to reduce teen pregnancy





Weight loss: Activity trackers (*e.g.*, fitbits) to help obese individuals lose weight





Combatting poverty: Microcredit business loans, business  $\rightarrow$  consumption







# RCTs Severely Underutilized in Legal Prof.<sup>2</sup>

Compare law with the "other" classic profession

- 1931: One of first, if not these first, medical RCT published
- 1933: First published study relying on randomization in law
- Since 1930s: How many RCTs in medicine? Too many to count.

# RCTs Severely Underutilized in Legal Prof. 21 Jack

Compare law with the "other" classic profession

- 1931: One of first, if not these first, medical RCT published
- 1933: First published study relying on randomization in law
- Since 1930s: How many RCTs in legal profession? <u>50</u>.

#### Conclusion

- •We need more RCTs
- Today's conference
  - Examples of ongoing/developing RCTs
  - Breakout 1 & report
  - Ethics panel
  - Breakout 2 & report
  - Conclusion